



It's your story.

MARCH

2018

WE'RE LUCKY TO HAVE YOU!



Just Some FYIs

Coming Soon: There will be an extensive pharmacy review to decrease the number of unnecessary medications for your loved one. This will be done by the physician and the pharmacy both working together. If you have any questions please contact Missy Opperman @ 515-382-7016

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Also As A Reminder: We have care conferences for each resident upon Admission and then every 3 months following, unless there is a significant change with them. There will be a letter sent out the month of your care plan, with your bill, informing you of the date and time of your care plan meeting. If you cannot attend or need to make other arrangements please contact Karen Etzel @ 515-382-7024

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A very special THANK YOU to Pat Crawford!! She came to do a sing-a-long with our residents when the Song Birds were unable to make it due to winter weather! Our residents LOVED the sing-a-long and enjoyed seeing Pat's little dog, "Little Bit"!!



March Activities!

Don't Forget!

Fitness fun is now being offered every Monday, Tuesday, Wednesday, and Friday!

We have Devotions on Wednesday mornings at 9:30 am.

Daylight Savings time is on March 11th!

March Madness begins Tuesday March 13th!

St. Patrick's Day is on March 17th!

Palm Sunday is on March 25th!

Good Friday is on March 30th!

March 1st: Elementary Kids' Visit: Children from Nevada Elementary school will be here to sing a song, do a craft, and play a game! Make sure you stop in to have a good time and fun conversations with the kids!

March 2nd: Birthday Party: Come join us for cake and lovely music by the K&L Duo to celebrate the March Birthday's!

March 7th: Fellowship: Beginning in March, Pastor Chris Waddle will be leading a Fellowship in the chapel! Anyone is free to come drink coffee and enjoy

conversations amongst each other!

March 8th: Second Floor Lunch Bunch: Look for the sign up sheets in the hallway to tag along and eat out at Dublin Bay Irish Pub and Grill in Ames!

March 12th: Join us in the morning to sing your heart out at the Sing-A-Long with Loring Methodist!

March 15th: Magic Show: Ready to have your mind blown? Jonathan May will be here to show us what tricks he has up his sleeves!

March 16th: St. Patty's Day Party: Feeling lucky? We will be having a fun get together for all the residents! Come enjoy a yummy snack and wonderful Irish

Music!

March 21st: Dinner and a Movie: Look for the sign up sheets in the hallway to come watch To Kill a Mockingbird and have a yummy dinner!

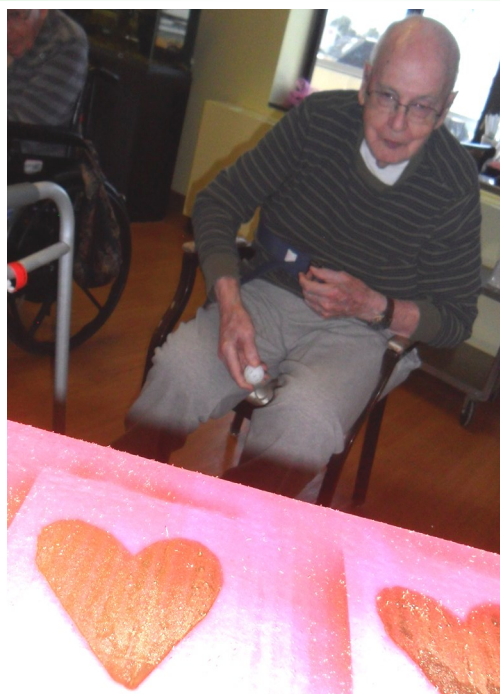
March 23rd: Memorial Service: We will be having a service to remember the wonderful residents who have passed away.

March 27th: Royce Johns: Royce is back!

March 29th: First Floor Lunch Bunch: Look for the sign up sheets in the hallway to tag along and eat out at Dublin Bay Irish Pub and Grill in Ames!

Valentines Party

Thank you to all the residents who came to our Valentines Day Party! We had a blast eating donuts and reminiscing about past Valentines traditions! We also had fun playing Valentines Basketball!



Featured Musical Entertainment for the Month

Thursday 1st,	Jim Quales	3:30PM
Friday 2nd,	K&L Duo	3PM
Saturday 10th,	Dave Gray	10:30AM
Monday 12th,	Sing-A-Long	10AM
Friday 16th,	Irish Music	3PM
March 22nd,	Mike Lazano	3PM
March 27th,	Royce Johns	3PM
March 31st,	Brody Tritle	3PM



★HAPPY★ BIRTHDAY!

Sharon Larson

3/12

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Karl Clark

3/12

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Norine Dawson

3/28

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**Hope you have a
wonderful
birthday!
-SEME Staff**

Thank You to the dietary staff who assisted with a successful Sweetheart Supper! A great Valentine's dinner was served to the lovely couples of Long Term Care! They were entertained with beautiful music by Brody Tritle!

